



Author Bio - Carolyn Armstrong

Children's book author Carolyn Armstrong always wanted to see her name in print. After catching the writing bug in high school working on a novella for her English class, it wasn't until she became a mother of twin boys who began reading middle-grade novels that something clicked. She began in earnest to hone her craft through classes and conferences and is now the published author of the *Eco Warriors* middle-grade book series, eco-adventures that combines her love of the environment, animals, twins, and travel.

A former elementary school teacher, through her writings, Carolyn aims to open children's eyes to nature and help them see how amazing it is and also that our actions have an impact, whether it's a positive or negative one. She hopes her young readers come away from her stories understanding that there are many ways kids can be sustainable and spread that message, and that this stays with them long after the book is closed.

Carolyn does a lot of research and fact-checking for her books whether it's reading environmental journals, interviewing subject matter experts, watching documentaries, and tapping into National Geographic as a resource. She also enjoys traveling to the setting which is always a real place, pretending her characters are with her and asking questions of them. Her ideas are often cemented into place during peaceful walks with her dog, Tucker.

Carolyn lives with her family, dog, and two parakeets named The Barbaras, in the suburbs of Chicago, Illinois, two blocks from Lake Michigan where she enjoys going to the beach. When she isn't writing, Carolyn enjoys traveling and attending festivals and farmers markets where she sells her books and chats with readers and their parents. She is involved in several local environmental organizations and writes a monthly newsletter that offers eco-friendly things to read, learn, and do.